

VITAMIN-A RICH FOOD PRODUCTION

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Course coordinator: TO BE CONFIRMED

LOCATION: ARC-VEGETABLE & ORNAMENTAL PLANT INSTITUTE
(Roodeplaat) Pretoria, RSA
SCHEDULED DATES: On request
COURSE FEE: Request a quote
COURSE DURATION: Two (2) days
BOOKS/ MANUALS: Food- Based Approach Manual

COURSE DESCRIPTION & OUTLINE

To provide training on basic principles of vegetable production

- Background to the food based approach
- Steps of food based approach
- Critical issues for success of food based approach
- How to plan garden with vitamin A rich vegetables
- Agricultural aspects of planning vitamin A rich vegetables
- Nutrition education and promotion strategies
- Practical training I planting of pro-vitamin A rich vegetables (Swiss chard, carrot, butternut, orange-fleshed sweet potato)
- Practical establishment of nursery of orange-fleshed sweet potato (optional)

LEARNING OUTCOMES

- Knowledge on how to implement the food based approach
- Knowledge on production practices of pro-vitamin A rich vegetables
- Knowledge on vitamin A nutrition

WHO SHOULD ATTEND? Extension workers, Social Development, NGO's, farmers, Health Workers

DELIVERY MODE: Presentation, Practical's

ENTRY REQUIREMENTS: The ability to read and write